## Please stay hydrated, safe, and have fun!

**On Course Coordinators** Botanic Gardens – Cameron Swaine (0427 348 863) Southbank – Heather Poynter (0458 494 100) Riverside Drive to Bicentennial Bikeway – Tom Davis (0437 195 455)

5. Call your area coordinator if you haven't already

what and when)

**Medical Hotline** 0421 003 720

**Volunteer Hotline** (Davies Park)

0460 755 712

## **Event Logistics Manager** Ally Gray 0407 113 002

**Key Contacts** 

Major/Medium Incident (ie heart attack) - Call 000 or

Minor Incident – Call Medical Hotline (0421 003 720)

3. Give them all of the relevant details (who, where,

## **5:15pm** Official presentations

MS Moonlight Walk Schedule:

4:00pm Event Site at Davies Park, West End opens. 6:00pm Walk commences 6:45pm Anticipated first walkers return to Davies Park 9:00pm Course Closes. 9:30pm Event officially finished. Please stay in your role at your location until you are signed out by one of our event staff or tail end walkers.

## **Refreshment Stations**

## **Kurilpa Park**

Located at the Kurilpa Park, next to the exit to the Kurilpa Bridge. This is the first stop for the 3km and 5km walkers (5km walkers pass through twice), and the last stop for the 10km walkers.

## **Botanic Gardens**

This is the second water station, that only the 10km walkers will pass through - twice.

## What to do if there is a lost child

- 1. Stay calm and ask them: parents/guardians name and what their parent/guardian is wearing
- 2. Contact HQ Information Desk Team or the Volunteer Hotline (Davies Park) and provide as much information as possible. Stav with the child.
- 3. Please find another volunteer to join you, so you can work through this in pairs

## 1. Survey scene, is the scene safe? 2. Phone for help -

## In an emergency follow these steps:

Medical Hotline - 0421 003 720

4. Stay on the phone until help arrives

## **EMERGENCY ACTION PLAN**

# Pocket Guide VOLUNTEER

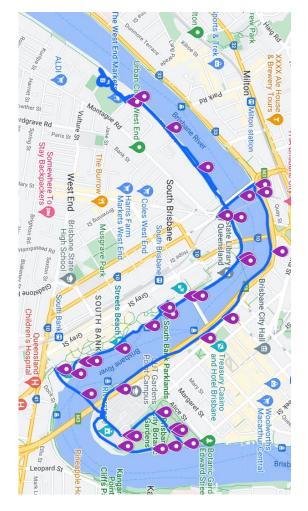
Thank you for volunteering

without you! The event would not be possible

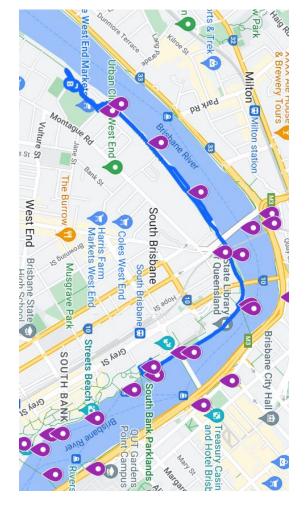
> there is still time to do so! donate – scan this code, as If people would still like to



# <u>10km</u>



## <u>5km</u>



**10KM SPLIT:** 10km participants will split to the right at the Go Between Bridge, then head over the bridge towards the City, and along the walking path beside the Bicentennial Bikeway. They will head into the Botanical Garden's loop and then head back across the Goodwill Bridge, along South Bank Promenade. They will then back along Riverside Drive to finish at Davies Park.

**5KM SPLIT:** 5km walkers will do an out and back course along Riverside Drive, past the Kurilpa Refreshment Station, to the Promenade at South Bank. Turnaround will be just after the big BRISBANE sign, where they will turn around and head back along Riverside Drive to finish at Davies Park.

**3KM SPLIT:** The 3km walkers will head out along Riverside Drive and turn around at the Kurilpa Park Refreshment Station, then back along Riverside Drive to finish at Davies Park.

## <u>3km</u>

